***Home-Start Herefordshire Preparation Course Programme - April 2016***

***9.30am – 2.50pm***

**Week One Wednesday 27th April**

* Introduction to Home-Start, The course and each other.
* Volunteering for Home-Start
* Family Life

**Week Two - Wednesday 4th May**

* How Home-Start helps Families
* Home Visiting
* Boundaries

**Week Three Wednesday 11th May**

* Confidentiality
* Listening and Communication

**Week Four – Wednesday 18th May**

* Safeguarding

**Week Five– Wednesday 25th May**

* Bereavement
* Personal Safety

**Wednesday June 1st**

**Half Term – No Course**

**Week Six – Wednesday June 8th**

* Enjoy and Achieve
* Teenage Brain

**Week Seven Wednesday 15th June**

* Values and Attitudes
* Domestic Abuse

**Week Eight – Wednesday 22nd June**

* Angry Child
* Challenging Behaviours

**Week Nine - Wednesday 29th June**

* Mesh
* Endings, Saying Goodbye

**Week Ten - Wednesday 6th July**

* Bringing The Course to a close, meeting established volunteers