

*Home-Start Herefordshire Preparation Course Programme*

*April 2021*      *9.30am - 2.30pm*

**Week One Thursday 22<sup>nd</sup> April**

-**Diane + Barbara + Sally** Introduction to Home-Start, The course and each other.

- Volunteering for Home-Start
- Family Life

**Week Two - Thursday 29<sup>th</sup> April - Barbara + Sally**

- How Home-Start helps Families
- Home Visiting
- Monitoring and evaluating

**Week Three Thursday 6<sup>th</sup> May - Diane + Sally**

- Confidentiality
- Equality and Diversity

**Week Four – Thursday 13<sup>th</sup> May - Sally + Diane**

- Domestic abuse
- Boundaries

**Week Five– Thursday 20<sup>th</sup> May - Barbara + Diane ( +Helen)**

- Safeguarding

**Week Six – Thursday 27<sup>th</sup> May - Diane + Barbara**

- Baby Brain
- ADHD
- Teenage Brain
- Changing Behaviours

**Week Seven - Thursday 3<sup>rd</sup> June - Barbara + Sally**

- Listening and communicating
- Personal safety

**Week Eight – Thursday June 10<sup>th</sup> - Diane + Barbara +**

- Universal Credit
- Endings
- Paperwork